

Projekt pt. „Be bright, eat right!” („Bądź mądry, zadbaj o dobre odżywianie”) Uczestnicy projektu: uczniowie CV LO im. Zbigniewa Herberta, uczniowie ze szkoły średniej we Francji, uczniowie z LO w Kartuzach. Nauczyciel odpowiedzialny: Elżbieta Cukierska-Koć Data rozpoczęcia: wrzesień 2019.

W trakcie trwania projektu uczniowie będą mieli okazję przekonać się, czy jedzenie które spożywają jest zdrowe, nauczą się odpowiedzialności za swoje wybory żywieniowe oraz przystąpią do wykonania szkolnego ogródka warzywnego.

Opis projektu w języku angielskim:

About 60 students from France and Poland will be taking part in the collaborative project of creating organic vegetable gardens in their schools.

CELE

Our students look into the quality of food they eat.

They gain awareness of chemicals used in agriculture and research alternatives (permaculture, organic farming, etc.) and put them into practice by creating vegetable gardens at school. They learn that they can make good choices and become responsible for their health.

POSTĘP DZIAŁAŃ

1. September: Introductions on Etwinning (avatars). Logo suggestions and voting.
2. October: The students make a list of food they consume every day. They choose the main ingredient in their diet, research it and present their findings on posters which will be shared via padlet.
3. November: In pairs, the students do a presentation or a make a video to present how their chosen food item is produced.
4. December: Christmas healthy food exchange.
5. January: Chemistry lesson on additives and chemicals in agriculture. In groups, the students write newspaper articles.
6. February: Field trips. Video reports.
7. March: Setting up an organic plot. Video conference.
8. April: Implementing and displaying findings. Collaborative exhibition.
9. May: Posters etc. to advertise the Healthy School Picnic Day.
10. June: Healthy School Picnic Day, students bring healthy food.

SPODZIEWANE REZULTATY

Students get a better understanding on how the food they eat is produced. They take steps to grow their own food, have the knowledge to make the right choices about their diet and become change makers in their community.

